

# CALVARY LUTHERAN HIGH SCHOOL ATHLETIC HANDBOOK



*"Building Christian Leaders"*

**By the grace of our Lord, Jesus Christ, Calvary Lutheran High School is building a lifelong network of young adults centered on spiritual growth, fellowship, stewardship, and learning.**

Mark Buffington, Athletic Director - email [buffingtonm@calvarylhs.org](mailto:buffingtonm@calvarylhs.org); 573-473-5221 cell  
CLHS - 638-0228 phone

Originally approved November 2011  
Updated July 2017

# TABLE OF CONTENTS

LETTER TO PARENTS AND STUDENT/ATHLETES .....	3
INTRODUCTION .....	4
PHILOSOPHY - COACHES .....	4
STAFF and DUTIES .....	4
DUTIES of the ATHLETIC DIRECTOR.....	5
COACHES .....	5
PARENT MEETING .....	6
PHYSICAL EXAMINATIONS.....	7
INSURANCE .....	7
DEFINITION of ELIGIBILITY .....	7
ELIGIBILITY STANDARDS .....	7
ELIGIBILITY FORMS.....	8
EXTRA-CURRICULAR PARTICIPATION:.....	8
Absence:.....	8
SAFETY of SQUAD MEMBERS.....	9
PRACTICE SCHEDULE.....	9
SCHEDULING CONTESTS.....	9
OFFICIALS .....	10
INVENTORY.....	10
ANNUAL REPORTS.....	10
SELF-IMPROVEMENT.....	10
LINE OF COMMUNICATION .....	11
LETTERING POLICY .....	11
EMERGENCY PROCEDURES for ACTIVITIES .....	12
EMERGENCY PROCEDURE when HOSPITAL CARE is NEEDED .....	12
ADMINISTRATIVE POLICIES to GUIDE COACHES .....	12
RECOMMENDATIONS for COACHES.....	13
EXPECTATIONS of ATHLETES.....	13
COOPERATIVE AGREEMENTS .....	14
CLHS BOOSTER ASSOCIATION .....	15
CAMP ELIGIBILITY STANDARDS .....	15
COLLEGE TRYOUTS.....	15
CODE FOR INTERSCHOLASTIC ATHLETICS/MSHSAA STANDARDS .....	15
TRANSPORTATION TO AWAY GAMES .....	17
CODE OF ETHICS FOR CHRISTIAN FANS.....	17
ATHLETE/PARENT AGREEMENT FORM.....	20

## LETTER TO PARENTS AND STUDENT/ATHLETES

Dear Parent/Guardian and Student/Athlete:

Welcome to Calvary Lutheran High School! Following is a description of our program with guidelines, expectation, and philosophy.

1. We at Calvary Lutheran High School believe that Christ should be first in all we do, followed by academic excellence, with everything else third, including athletics. With that being said, we want to have as competitive an athletic program as possible and pursue Colossians 3:23 which says, "Whatever you do, work at it with all your heart, as working for the Lord."
2. In each sport/activity, a coach and/or coaches are hired by Calvary to be responsible for team selection and playing time. The head coach establishes criteria for these, often with input from his/her assistants. This may be a highly subjective process. Starting line-ups and playing time are based on a variety of factors including, but not necessarily limited to, talent, coachability, work ethic, getting along with others, attitude, etc. These decisions, as well as those regarding practices and game situations are the responsibility of the coaches. The decisions that are made by our coaches are not easy as they attempt to assemble the most competitive team possible while they juggle the chemistry of the team and individual abilities and personalities of their student/athletes. If you have questions regarding the process, we encourage the student/athlete and the coach to be the first point of contact. If questions still exist, please feel free to address these to the head coach by calling and setting up an appointment outside of practice or game time. If you have further questions the coach has not been able to answer, please contact the Athletic Director.
3. An objective of any competitive athletic program is to put student/athletes most suited to enable success of the team in competition. Starting positions and playing time are not guaranteed. Each member of the team, however, is very valuable to the team's overall progress. Some members may play a great deal of time in a contest while others may not see significant playing time. Grade level does not guarantee or insure starting assignments or playing time. By being a member of a team, regardless of time spent in actual competition, a person can learn many valuable lessons. Among them are citizenship, sportsmanship, appreciating good play by teammates and opponents, working together to meet team goals, responsibility and commitment to team and school, loyalty, placing team above self, learning to accept instruction and criticism, respect for others, winning and losing with dignity, self-control/discipline, and being responsible for one's own actions.

We sincerely hope you will embrace the goals and philosophies of the competitive athletic program here at Calvary Lutheran High School. Please feel free to contact me if you have any questions regarding any aspect of the athletic program.

In Christ,

Mark Buffington  
Calvary Lutheran High School  
Athletic Director

## **INTRODUCTION**

The purpose of this guide is to provide a statement of philosophy on interscholastic athletics for Calvary Lutheran High School and an operating code for the Athletic Director and the respective coaches who work throughout the program.

It is the philosophy of Calvary Lutheran that a quality interscholastic program should be conducted as an integral part of the learning program. We use every situation and opportunity in our lives, as well as in the lives of our athletes, for His purpose as we are commanded in Col. 3:23, "Do everything as unto the Lord." As many activities as possible will be offered at as many different skill levels as personnel, both adult and student, and facilities will permit. Students are encouraged to participate in the areas that interest them.

Calvary Lutheran High School is a member of the Missouri State High School Activities Association (MSHSAA). Athletic competition is governed by the rules and regulations for this organization excepting that local rules of a more restrictive nature may be adopted.

## **PHILOSOPHY - COACHES**

The following statements embody our coaching philosophy here at Calvary Lutheran High School:

- We as coaches are stewards. We have been divinely placed in the coaching ministry to meet the spiritual needs of our athletes. It is important, that since we have been called into this position by God, we carry out our duties according to the biblical guidelines.
- Our philosophy of coaching must be identical to our educational philosophy. Our major purpose is to cause our athletes to act and think like Jesus Christ.
- We want our athletes to possess Christ-like character qualities and to express them openly through athletics. We are most interested in building eternal values in our athletes and therefore need to stress attitudes and actions in relation to God's Word.
- Athletics is life in miniature. Our athletes will be confronted with all types of life situations. Perfect learning situations for God's principles! It is our job as coaches to properly (Biblically) direct them in these situations so as to build those character qualities inherent in a Christian lifestyle.
- We cannot say we are a Christian school and yet in our athletics appear to be something totally different. We must choose either to follow God or to follow the way of the world. As we are told in Luke 6:40, "A pupil is not superior to his teacher, but everyone completely trained... will be like his teacher." Or we could put it, "When an athlete has been fully trained, he will become like his coach."

## **STAFF and DUTIES**

The staff of the Athletic Department shall consist of the Athletic Director, and the coaches of each sport. In sports where more than one coaching position exists, one member of the coaching staff shall be designated the head coach.

The chain of responsibility is as follows: assistant coach to the head coach, the head coach to the athletic director, the athletic director to the Principal, and the Principal to the Administrator. If everyone follows this procedure, time and energy will be saved.

## **DUTIES of the ATHLETIC DIRECTOR**

- Responsibility for the safe operation, supervision, and evaluation of the program according to the policies and guidelines set forth by Calvary Lutheran High School and the MSHSAA.
- Developing clearly stated goals for the program.
- Arranging, in cooperation with the administration, for the assignment of coaches, officials, and other persons necessary for the proper administration of the program.
- Compiling a budget for the department in cooperation with the head coaches.
- Representing Calvary Lutheran High School at meetings, conferences, and programs relating to conducting interscholastic athletic programs.
- Acting as liaison with the MSHSAA by remaining knowledgeable about all rules, regulations, and issues; promotion of and assistance to state tournaments and completion of all communications required by the association.
- Making sure that setting up for, supervising, and taking down after an athletic contest is being completed by the necessary persons.
- Communicating with students, teachers, parents, and administrators to maintain a viable organization.
- Evaluating coaches and sports programs.
- Communicating athletic events and schedules to students, staff, parents, media, and community.

## **COACHES**

The general duties of all coaches are to organize, instruct, and supervise teams of students who participate in the interscholastic athletic program. The primary goal of all coaches should be to have a meaningful learning experience for as many students as possible. They should at all times, conduct themselves as teachers in an important and unique area of the total educational program of the school. The athletic program is conducted for the benefit of our students and the total program must be the concern of each coach.

Good sportsmanship must be taught and practiced by the coach continuously, for this concept is far more valuable than winning an event. A win-at-all costs attitude is inappropriate. Although every team should be coached to win, as that is the primary objective of competition, winning should always be accomplished through spirited, yet fair play. In addition, coaches must insist on the highest possible standards; scholarship, eligibility, and sportsmanship. The coach must enforce the rules as they are written and implied. They must develop relationships with the athletes which are fair and unprejudiced, but always caring.

Coaches are reminded that they have the responsibility of keeping their squads acquainted with the eligibility rules of the school, conference, and the MSHSAA. It is strongly recommended that coaches check the academic progress of their squads.

Attendance at regularly scheduled school meetings is required. Practice schedules should be adjusted to meet this need.

## **DUTIES of COACHES**

- To see that all necessary forms are on file in the office before the student practices.
- To turn in to the athletic director a list of all the athletes to be checked for school eligibility.
- To supervise pre-practice, practice, and post-practice completely.
- To make sure to report game results and appropriate game stats to media outlets such as the local newspaper and local television stations.
- To be sure all equipment is put away after use and all storage areas are locked before leaving.
- To be the last one to leave the building or field making sure that all doors (inside gym, locker room, and outside) are locked and closed securely. If there is more than one coach, you will need to decide who will take this responsibility.
- To assume responsibility for all equipment furnished by the school in the sport coached and to see that this equipment is marked and recorded before it is issued or used.
- To keep a complete inventory of all the athletic equipment and file it with the athletic director.
- To turn in requests for equipment and needed supplies to the athletic director.
- To prepare at the end of the particular sport, an inventory of all equipment used in the sport, plus a need list for the next season. This should be done by the head coach within two weeks of the end of the season.
- To see that no changes in the athletic schedule are made without prior approval of the athletic director.
- The equipment rooms are to be kept locked unless you are present. Do not leave them open for students to go in and out. The coach should take out the necessary equipment for the sport and return it when finished
- Before taking or giving away old equipment, please have the athletic director approve disposal of equipment.
- Please use only necessary lights in gym facilities. Shut off those lights not being used.

## **PARENT MEETING**

Before each season at least one parent for each participant will be required to attend the Parent Meeting. Also, parents will be asked to work at the games and tournaments Calvary hosts during that season. If you are unable to work at your scheduled time you will be asked to find a substitute.

## **PHYSICAL EXAMINATIONS**

All students who participate in the interscholastic program at Calvary Lutheran High School must have a physical examination by a physician of their choice. The physician, the parent(s) or guardian(s), and the athlete must sign the form in the appropriate spaces. In addition, proof of insurance must be recorded on the form. All student/athletes must have a completed form on file in the school office before they may practice or play. Coaches are to see that athletes do not practice or play until this form is on file.

## **INSURANCE**

Calvary Lutheran High School carries supplemental liability insurance covering any accidents that may happen at school. Parents are to submit all claims to their own insurance carriers first. Claims will only be submitted to Calvary Lutheran High School's insurance company after they are acted upon by the parent's insurance provider.

## **DEFINITION of ELIGIBILITY**

Eligibility to participate in athletic contests between schools is a privilege which is attained by meeting the standards cooperatively set for the purpose by vote of the schools which are members of the MSHSAA and standards adopted by the Board of Directors of Calvary Lutheran High School.

## **ELIGIBILITY STANDARDS**

- Athletes must attend the mandated number of practices before they can participate in a game. Students must be creditable high school citizens.
- All students must meet the following academic criteria (p. 6 CLHS student handbook):
  - Have no "F's" on their most recent grade card
  - Earned at least 2.0 GPA in the previous grading period [1st Quarter, 1st Semester, 3rd Quarter, 2nd Semester]
  - Have earned at least 3.5 credits and passed every course in the previous semester
  - Have removed all Incompletes from the previous grading period
  - Be on a program leading to graduation in 4 years of high school

Students failing 1 course may appeal their eligibility by contacting the principal to request an appeals hearing if passing at least 3.5 units of credit

\*\* Exceptions may be granted for non-MSHSAA activities

- Students cannot compete in any sport for more than four seasons or in any but the first eight semesters they are enrolled in high school, including special education.
- Students must enter school within the first eleven days of the semester to be eligible to play that semester.

- Students may not participate in a non-school event of the present Calvary sport they are in accept with prior administrative approval.
- High school students who reach their 19th birthday prior to September 1 will be ineligible for further competition the succeeding year.
- During the sports season a student represents their school by competing in an interscholastic athletic contest. They cannot compete as a member of a non-school team or as an individual participant in organized non-school competition in that same sport.
- Students may participate on a school team and a non-school team in different sports during the same season; however, you may not practice for the non-school team or participate in organized non-school athletic competition on the same day that you practice with or participate for the school team without approval of the school administrator.
- If a student transfers to Calvary, they are ineligible for 365 days in the MSHSAA sports they participated in at their previous school unless there is a corresponding change of residence of the parents or if under certain conditions outlined by the MSHSAA.
- Students may have sport-specific contact with their coaches up to 20 days during the summer. This includes specialized camps, open gyms, leagues, shootouts, or tournaments. Students may attend a non-school sponsored summer specialized sports camp for as long as they wish where they do not receive instruction or coaching from a member of your school's coaching staff.

This is only a partial listing of the standards, but these are the ones that generate the most questions. If you have any other questions or concerns for a student, check with the athletic director or the principal. If they are uncertain, they can call the MSHSAA and receive a clarification.

## **ELIGIBILITY FORMS**

Coaches must provide the school office with information about each team member prior to the first contest. A standard eligibility form must be used. The student's name, date of birth, date of enrollment, number of semesters in high school, and number of semesters in the sport must be provided by the coach. The school office will check the credits earned last semester and the number of credits carried to date that semester and verify all the above information.

## **EXTRA-CURRICULAR PARTICIPATION:**

### **Absence:**

A student is "absent" if the student is not physically present in a class or participating in a school-sponsored activity. A student's parent/guardian should report each absence to the school office no later than 8a.m. on the day of the absence.

Attendance at school is a prerequisite for participation in extra-curricular contests or performances. Students who miss any part of the class day, except for approved appointments, may not participate in any school-sponsored activity, practice, or any form of activity preparation that day. Even with approved appointments, students must attend at least one half of the day to participate. Examples of approved appointments include orthodontist, eye appointment, funeral, college visit, etc. A team



member is not allowed to practice or compete on a day in which the student is unable to attend school and will be unable to attend, practice, or compete until attending a full day of school, therefore attendance on the last day of each week is required for weekend activities. Students may not attend school events on days they have been absent from school. [Page 4 – Student Handbook]  
Students who are excused from PE or have a medical excuse may not practice or play in a game on that day.

Tardiness to class - Punctuality is expected at all times and for all situations. Every student is expected to be ready for class when the teacher is ready to begin. Students may be assigned a tardy and sent to their locker to retrieve necessary class materials. Students speaking to a teacher between classes must have their planner signed to excuse them from being late to their next class. A detention will be assigned for each tardy after the first four tardies in the quarter. Students who miss more than 15 minutes of class will be marked absent, rather than tardy. Tardiness of more than 15 minutes will result in students missing a portion of any performance or competition on that day (i.e. equivalent to 1 volleyball set or ½ of a basketball game). Tardiness of more than 30 minutes will result in students being unable to participate in extra-curricular competition at all that day. [Page 6]

## **SAFETY of SQUAD MEMBERS**

When a student is injured, the parent should be notified immediately. If the emergency is serious, the emergency rescue squad should be contacted. Coaches must fill out a report form for the school office about all injuries (major or minor) that occur during practice or games. These should be filled out within a day or two!

## **PRACTICE SCHEDULE**

All practices must be supervised by the coaches. Practice times will be set up by the athletic director and coaches. Times and locations of practice will be given to the students and parents in advance of the sports season. Start on time and end on time. Late practices do not improve your relationship with the student and parents. Practice schedules during holiday seasons must also be cleared through the athletic director.

Coaches are requested to keep a copy of their practice schedules for the season to help in the possibility of legal action at some future date. This helps to answer questions of happenings during a practice if we are ever challenged in a court of law. The best idea is to file a copy in a three ringed binder and keep for five to seven years.

## **SCHEDULING CONTESTS**

Scheduling of contests will be completed by the athletic director. Coaches are welcome to give input as to the schedule they would like, realizing that the athletic director will make the final decisions about the schedule. Once schedules are established and contracted, they must be honored.

## **OFFICIALS**

It is the responsibility of the head coach to get the name of the officials who work their contests and rate them using the MSHSAA rating form. This form is to be turned into the athletic director within five days after the end of the season. The rating form **MUST** be sent to the state or our teams will be put on probation.

## **INVENTORY**

The head coach is responsible for the safe storage and inventory of their sports equipment. An inventory form listing all equipment available must be submitted to the athletic director 10 days after the season is completed as part of the post-season annual report of the sport.

The coach should demonstrate the manner in which equipment is to be worn, how to take care of it, and how it is to be hung in lockers. Instructing team members that equipment is to be worn only for the purpose for which it was purchased, namely for practice sessions and game competition, will help to preserve the equipment.

All equipment must be collected within 5 days of the end of the season and returned to the school. If the normal procedure of recovering equipment does not work, the following procedures should be followed and documented:

- Personally contact the athlete.
- Personally contact the parents.
- Turn list of names in to the athletic director.
- The athletic director will contact the student.

The business office will be told to bill the student for the replacement of the equipment. The student's grades will be held until payment is received.

## **ANNUAL REPORTS**

The head coach of each sport is responsible for filing with the athletic director an annual report within ten days after the close of the season. The report shall contain a review of the season, including player awards and team honors. The coach shall include, as an appendix to their report, an inventory of supplies and equipment under their control at the end of the season.

## **SELF-IMPROVEMENT**

Coaches must complete the on-line rules review that is located on the MSHSAA web site before each season. In addition, the MSHSAA web site has additional information throughout the year on sports medicine and other topics. Coaches should read this information to better understand both the MSHSAA and new developments and to keep abreast of new programs and innovations, new rules, safety and health factors relating to their sport.

## LINE OF COMMUNICATION

The line of communication for students who may have a problem is first with the coach, then with the athletic director, then with the Principal, and then with the Administrator.

Players who are to be dismissed from a team for breaking team rules should be told in person after the Athletic Director and Principal have been informed. If an attitude or behavior problem arises, talk with the athlete and call the parent. Inform them of the problem, with the understanding that the athlete will be dropped from the team if improvement is not made within a reasonable amount of time.

Coaches should document in writing the problem and the steps they followed to come to a solution of the problem. This will be of value if the issue is pursued.

## LETTERING POLICY

Students at Calvary Lutheran High School are encouraged to use their God-given gifts and talents to God's glory and to their fullest potential. Through their lives and actions, Calvary students are representing their school as well as their Savior. As a representative of Calvary, recognition of achievements is dependent upon their overall good standing in areas such as academics, discipline, and attitude throughout the prescribed amount of time.

Academics: Student must maintain academic eligibility.

Discipline: Student will honor the guidelines as presented by Calvary having no Severe Disciplinary Infraction.

Attitude: Student will exhibit a positive, cooperative, and enthusiastic character and will daily demonstrate Christian respect and honor to all persons they encounter.

The following requirements must be met in order to be eligible for an athletic letter:

- Membership at the highest level available on an athletic team at Calvary Lutheran High School for which Calvary has outlined a lettering policy.
- No unexcused absences. Students are expected to attend all practices and games associated with that sport. Students who have legitimate reasons and clear it beforehand with their coach may be given an excused absence. Failure to do so will result in the absence being unexcused.
- Students will participate in the prescribed amount of playing time as outlined for the individual sport below. Students suffering injury during the season will be handled on a case-by-case basis.

Any of the following infractions will prohibit a student from receiving an athletic letter during that season:

- Students who are withheld from a contest due to inappropriate behavior (academic, discipline, or attitude).
- Players who quit, are suspended, or are dismissed from the team.
- A single unexcused absence for either a practice or a game.
  - Cross Country – Participate in  $\frac{3}{4}$  of meets, run in the district meet, and place in the top 75% of at least one meet.
  - Soccer – Participate in  $\frac{1}{2}$  the total number of halves played in the season.

- Softball – Participate in  $\frac{1}{2}$  the total number of innings played in the season.
- Volleyball Participate in  $\frac{1}{2}$  the total number of sets played in the season.
- Basketball – Participate in  $\frac{1}{2}$  the total number of quarters played in the season.
- Cheerleading – Participate in at least  $\frac{9}{10}$  of the quarters played in the season.
- Baseball – Participate in  $\frac{1}{2}$  the total number of innings played in the Spring season.
- Track – Participate in  $\frac{3}{4}$  of meets, participate in the district meet, and medal in at least one meet or score 10 team points.

## **EMERGENCY PROCEDURES for ACTIVITIES**

If a doctor is present, he should attend to the victim and determine procedure. When a doctor is not in attendance, the head coach should make the decision as to what procedure should be followed.

### **EMERGENCY PROCEDURE when HOSPITAL CARE is NEEDED**

Use an ambulance when the injury warrants (head injuries, back injuries, broken bones, possible injuries in the abdominal region).

If the need is truly an emergency call the rescue squad prior to calling the parent. If injury is serious enough that any movement of patient might incur further complications, take necessary steps to make sure the athlete is not moved until the rescue squad arrives and takes over responsibility. In a compelling emergency, ALL RULES ARE OFF...THE PATIENT SHOULD BE TAKEN CARE OF FIRST.....

## **ADMINISTRATIVE POLICIES to GUIDE COACHES**

- The coach is responsible for everything his squad does or fails to do.
- Be at practice promptly at the scheduled time for the activity to begin.
- Assume moral obligations in the care and prevention of athletic injuries. Recommend doctor's care when you are in doubt. Refer to written plan for handling emergencies.
- Keep athletes informed as to time and place for practice, games, and other pertinent data. Other "pertinent data" includes instructing teams as to MSHSAA standards of eligibility and conduct.
- Arrange all practice sessions so as to assure that all players are well grounded in fundamentals and that a maximum amount of enjoyment can be had by all.
- Take a medicine kit on all trips to be able to render first aid effectively. Keep lids on ointments, balms, and other training supplies. Keep gauze and cotton covered so as to keep as sterile as possible.
- Officials should be treated with all possible courtesy. If an official fails to get his job done properly, we can serve our purpose by not hiring him for future games rather than quarreling with him.

- Make a strong effort to promote good relations with other schools through high morale, good sportsmanship, and courtesy on your own part. Instill that type of thinking within your team. Shake the hand of the opponent's coach before and after every contest.
- Remember the visiting teams are our guests and should be treated as such.

## **RECOMMENDATIONS for COACHES**

- It is expected that coaches would set a good example for our students by praying before the beginning of practice as well as before teams compete in competition.
- All coaches dress appropriately for teaching of the activity under your supervision. Use modesty as a guideline in covering tattoos, piercings, etc.
- Do not use any tobacco or alcohol products in the presence of your team.
- Give team members suggestions on diet, training, and sleep habits.
- Point out the handicaps of smoking, drinking, and drug addiction.
- Build school spirit by your own example.
- Whenever your team is dismissed from school early, caution about maintaining quiet in the halls.
- Take full responsibility for your own team---caring for injuries, taping, conduct, etc.
- Encouragements to all members of athletic teams will pay untold dividends.
- A friendly atmosphere between coaches will contribute a great deal to our overall program. Let us all do everything we can to build an outstanding athletic program and nothing to tear it down.
- If a student is going to miss more than two class periods for an athletic contest they must fill out a School-Sponsored Absence form to be signed by the coach and the teachers of the classes they will miss BEFORE THEY LEAVE.
- No one is dismissed early or permitted to come late to school without prior approval. Failure to get athletes excused early could cause unexcused absences.

## **EXPECTATIONS of ATHLETES**

Being a part of an athletic team here at Calvary Lutheran High School is an honor and a privilege. To compete for your school and use and develop your God-given talents is a chance in a lifetime.

Thus, with the opportunity to use and develop your talents, we expect you to show your sportsmanship and cooperation on the field as well as off the field in the following areas:

- Classroom: Cooperation in doing homework and staying awake. Good behavior without disruption of class. Respect for your neighbor, teacher, and yourself in doing the best that you can do.
- Team: You are a part of a team and we expect you to show a good sportsmanship attitude, to be proud of yourself and positive with your teammates while supporting them.

Commitment and Dedication: It is assumed that the student athlete will make his/her best effort in attending practices and know that his/her total dedication to the team is mandatory. Before the student athlete has made a decision to join a team at Calvary Lutheran, he/she should understand what is expected of him/her academically and to be able to balance his/her academics with the sports activities he/she is involved in.

Maintenance and care of team uniforms and equipment:

Uniforms - It is assumed that the student athlete will clean and maintain the team uniform to make certain long life of the uniform. Uniforms contain tags with washing instructions, but typically should be washed in cold water with like colors, using no bleach. Uniforms should not be dried in dryer but rather hung up and dried. Tears or flaws in uniform construction should be brought to the attention of the athletic director as soon as they are noticed. It is responsibility of the student athlete to turn in the team uniform to the coach or school **no later than five days after the last game of the season**. Uniforms should during contest ONLY, and not used for spirit wear. \*Students will pay replacement cost for lost or destroyed uniforms.

Equipment - It is assumed that the student athlete will take care of and help maintain school athletic equipment. Athletic equipment is provided to help maintain safety (helmets, pads, etc.) and to Page 12 provide the necessary items for each sport (balls, bats, etc.). \*Students will pay replacement cost for equipment that is destroyed or damaged because of misuse.

Cell phone usage – The use of cell phones is prohibited during team practices and games unless given specific permission by one of the coaches. Players need to be focused on team activities during this time and not distracted. These are school-sponsored activities and, as such, fall under the guidelines of overall student conduct. Coaches may use discretion as the student/athlete may be warned and/or have the device confiscated for the duration of the practice or game. See page 10 of the student handbook under Electronic Equipment.

When these areas are taken care of with an honest effort, things run smoother and we will have a good sports year. Let's work together in being proud of our teams and our goal of playing for the Lord as He gives us all we need.

## COOPERATIVE AGREEMENTS

In the past Calvary Lutheran High School has participated in a "co-op" agreement with Tolton Catholic High School in certain larger team sports such as football, baseball, and boys and girls soccer. As of this time we are not participating in any "co-ops" with any schools and have no immediate plans to do so. However, if we determine that it would benefit our students we would pursue future agreements with schools that have similar goals and values as our own. It will be determined in advance who the "host" school will be for each sport. The host school will play the home games and have the practices at their school facilities for that designated sport. Parents and students must take in consideration the travel involved with this before deciding to join these teams.

## **CLHS BOOSTER ASSOCIATION**

Anyone is eligible to be a member of the CLHS Booster Association. The goal of the CLHS Booster Association is to help enhance and support the athletic department at Calvary Lutheran High School. The CLHS Booster Association will manage concessions stands, work schedules, collect gate fees and help as timekeepers or scorekeepers for home games and tournaments. Funds raised from athletic events and fundraisers will go toward athletic supplies, concession supplies, uniforms and a wide variety of other student benefits

## **CAMP ELIGIBILITY STANDARDS**

- A student may participate in a specialized camp, clinic, or other similar program involving coaching and instruction in a sport provided the program and the student's participation meet the following MSHSAA requirements:
- Students may attend a non-school sponsored specialized sport camp during the school year provided it does not result in any loss of school time; attendance does not occur within 14 days of the start of the school sports season for the sport concerned; and no member of the coaching staff of the school you attend or will attend the following year is involved in any way.

No school owned uniforms or player equipment shall be used. School owned football helmets may be used for camps sponsored by member schools only. Member schools may not rent or lease their uniforms or player equipment for use in non-school sponsored camps or clinics.

- The camp fee shall be provided by the student or the student's parents.
- A student shall not receive pay or expenses for working in a specialized summer camp or serving as an instructor or counselor at a camp involving a sport in which he/she participates.
- Camp programs shall not include any competition with teams of another camp.

## **COLLEGE TRYOUTS**

No athlete shall participate in any type of try-out or audition for a college team prior to completion of their high school eligibility in the sport concerned.

## **CODE FOR INTERSCHOLASTIC ATHLETICS/MSHSAA STANDARDS**

Interscholastic athletics are offered at Calvary Lutheran High School as an integral part of the curriculum. Interscholastic athletics are governed by the MSHSAA and regulations of Calvary Lutheran High. The official Handbook of the Calvary Lutheran High School Athletic Association states that, "to be eligible to participate in school athletics is a privilege - not an inherent right. This particular privilege is granted if you meet the eligibility standards as set forth by the MSHSAA. According to the MSHSAA eligibility standards, athletes must be good citizens in their school and community. More specifically, any student who represents their school in interscholastic athletics must be a creditable citizen and be judged so by the proper school authority. A student whose character or conduct is

such to reflect discredit upon themselves or their school is not considered a creditable citizen. Their conduct shall be satisfactory in accord with the standards of good discipline."

The privilege of being on a team or in an organization carries with it the responsibility of good citizenship, abiding by rules and regulations, and meeting the following responsibilities:

- You must have all non-school competition approved by your coach or the athletic director.
- You must abide by the regulations of Calvary Lutheran High School as written in the student handbook. Coaches may have stricter guidelines and will share them with the athletes before the season.

A student suspended from a sport is not eligible to participate in any other athletic program until that sport season is completed. Example: A student suspended from baseball could not join the track team that year.

- Students should maintain good citizenship in school, out of school, and on the team. Any student involved in inappropriate behavior in the community, will be required to attend a hearing at which time the question of eligibility will be determined. Any student arrested by law enforcement is subject to losing eligibility for all high school athletics.
- Any in-school or out-of-school suspension will prevent students from participating in practices or games during the suspension. If excessive, the student will be removed from the team.
- Detentions, practice tardiness, and practice absences will be handled by the coach through discussion and the proper penalty. If this becomes excessive, the athlete could be removed from the team.
- You cannot quit a team to participate on another team without permission of both team coaches. Students will follow team guidelines as set forth by the coaches in writing and discussed before the season begins.
- Any incidents that occur that are not covered by these guidelines will be reviewed on an individual basis by the school administration and the head coach.
- Any athlete who is dismissed from a game for unsportsmanlike conduct shall be dealt with seriously and on an individual basis. This would be a minimum of a one game suspension as mandated by the MSHSAA.



## **TRANSPORTATION TO AWAY GAMES**

Because we do not have school buses to transport our student/athletes to games we have to rely on parents to provide that transportation. It is Calvary Lutheran High School's expectation that students ride with their parent(s), or an adult designated by their parents, to away games. If there are unforeseen circumstances that require a student/athlete to drive themselves to the game this needs to be communicated to the coach and no other students (boyfriend, girlfriend, etc.) can ride with him/her. Another player may ride only if approved by the parent of both student/athletes and the coach. The reasons for this are as follows:

- Safety of the student/athlete
- Better opportunity to prepare for and focus on the game
- Liability issues

## **CODE OF ETHICS FOR CHRISTIAN FANS**

- Spectators are an important part of the game and should at all times conform to accepted standards of good sportsmanship and behavior.
- Spectators should respect the officials, coaches, and players at all times.
- Enthusiastic and wholesome cheering is encouraged.
- Booing and disrespectful remarks should be avoided at all times.
- There are certain situations that fans are expected to show respect and remain quiet, i.e. during a free throw in basketball or during the serve in volleyball.
- To best represent our school, good sportsmanship is expected of all fans, coaches, and athletes.
- Calvary Lutheran H.S. expects that all participants in athletic contest-both athletes and spectators-maintain a high level of good sportsmanship.





**ATHLETE/PARENT AGREEMENT FORM**  
**2017-18 School Year**

PLEASE READ THE ATHLETIC MANUAL THOROUGHLY AND RETURN THIS FORM TO THE SCHOOL OFFICE AS SOON AS POSSIBLE.

I HAVE READ THE ATHLETIC RULES AND PROCEDURES AND WILL DO MY BEST TO COMPLY WITH THEM. I WILL ACT AS A RESPONSIBLE TEAM MEMBER AND CITIZEN OF CALVARY LUTHERAN HIGH SCHOOL WHEN REPRESENTING OUR SCHOOL TO OTHERS.

AS PARENTS, WE SUPPORT THE POLICIES AND EXPECTATION OUTLINED IN THIS HANDBOOK.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date