

# **CALVARY LUTHERAN HIGH SCHOOL ATHLETIC HANDBOOK**



*"Building Christian Leaders"*

**Partnering with families at the intersection of education and faith development, Calvary Lutheran High School is a relational Christian community engaging the world as servant leaders.**

**Kerri Morris, Athletic Director**  
[athletics@calvarylhs.org](mailto:athletics@calvarylhs.org)  
**CLHS - 638-0228 phone**

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## LETTER TO PARENTS AND STUDENT/ATHLETES

Dear Parent/Guardian and Student/Athlete:

Welcome to Calvary Lutheran High School! Following is a description of our program with guidelines, expectations, and philosophies.

1. We at Calvary Lutheran High School believe in the philosophy of building Christian leaders. Sports and activities are an integral part of helping develop Christian leaders. With that being said, we want to have as competitive an athletic program as possible and pursue Colossians 3:23 which says, "Whatever you do, work at it with all your heart, as working for the Lord."
2. In each sport/activity, a coach and/or coaches are hired by Calvary to be responsible for team selection and playing time. The head coach establishes criteria for these, often with input from his/her assistants. This may be a highly subjective process. Starting line-ups and playing time are based on a variety of factors including, but not necessarily limited to, talent, coachability, work ethic, ability to get along with others, attitude, etc. These decisions, as well as those regarding practices and game situations are the responsibility of the coaches. The decisions that are made by our coaches are not easy as they attempt to assemble the most competitive team possible while they juggle the chemistry of the team and individual abilities and personalities of their students/athletes. If you have questions regarding the process, the first step should always be for the student/athlete to meet with the coach. If questions still exist, please feel free to address these to the head coach by calling and setting up an appointment outside of practice or game time. If you have further questions the coach has not been able to answer, please contact the Athletic Director.
3. An objective of any competitive athletic program is to put students/athletes most suited to enable success of the team in competition. Starting positions and playing time are not guaranteed. Each member of the team, however, is very valuable to the team's overall progress. Some members may play a great deal of time in a contest while others may not see significant playing time. Grade level does not guarantee or insure starting assignments or playing time. By being a member of a team, regardless of time spent in actual competition, a person can learn many valuable lessons. Among them are citizenship, sportsmanship, appreciating good play by teammates and opponents, working together to meet team goals, responsibility and commitment to team and school, loyalty, placing team above self, learning to accept instruction and criticism, respect for others, winning and losing with dignity, self-control/discipline, and being responsible for one's own actions.

We sincerely hope you will embrace the goals and philosophies of the competitive athletic program here at Calvary Lutheran High School. Please feel free to contact me if you have any questions regarding any aspect of the athletic program.

In Christ,

Kerri Morris  
Calvary Lutheran High School  
Athletic Director

## **INTRODUCTION**

The purpose of this guide is to provide a statement of philosophy on interscholastic athletics for Calvary Lutheran High School and an operating code for the Athletic Director and the respective coaches who work throughout the program.

It is the philosophy of Calvary Lutheran that a quality interscholastic program should be conducted as an integral part of the learning program. We use every situation and opportunity in our lives, as well as in the lives of our athletes, for His purpose as we are commanded in Col. 3:23, "Do everything as unto the Lord." As many activities as possible will be offered at as many different skill levels as personnel, both adult and student, and facilities will permit. Students are encouraged to participate in the areas that interest them.

Calvary Lutheran High School is a member of the Missouri State High School Activities Association (MSHSAA) and the Central Counties Activities Association (CCAA). Athletic competition is governed by the rules and regulations of these organizations accepting that local rules of a more restrictive nature may be adopted.

## **PHILOSOPHY - COACHES**

The following statements embody our coaching philosophy here at Calvary Lutheran High School:

- We as coaches are stewards. We have been divinely placed in the coaching ministry to meet the spiritual needs of our athletes. It is important that since we have been called into this position by God, we carry out our duties according to the biblical guidelines.
- Our philosophy of coaching must be identical to our educational philosophy. Our major purpose is to cause our athletes to act and think like Jesus Christ.
- We want our athletes to possess Christ-like character qualities and to express them openly through athletics. We are most interested in building eternal values in our athletes and therefore need to stress attitudes and actions in relation to God's Word.
- Athletics is life in miniature. Our athletes will be confronted with all types of life situations. Perfect learning situations for God's principles! It is our job as coaches to properly (Biblically) direct them in these situations so as to build those character qualities inherent in a Christian lifestyle.
- We cannot say we are a Christian school and yet our athletics appear to be something totally different. We must choose either to follow God or to follow the way of the world. As we are told in Luke 6:40, "A pupil is not superior to his teacher, but everyone completely trained... will be like his teacher." Or we could put it, "When an athlete has been fully trained, he will become like his coach."

## **STAFF DUTIES**

The staff of the Athletic Department shall consist of the Athletic Director, and the coaches of each sport. In sports where more than one coaching position exists, one member of the coaching staff shall be designated the head coach.

The chain of responsibility is as follows: assistant coach to the head coach, the head coach to the athletic director, the athletic director to the Principal, and the Principal to the Administrator. If everyone follows this procedure, time and energy will be saved.

## **COACHES**

The general duties of all coaches are to organize, instruct, and supervise teams of students who participate in the interscholastic athletic program. The primary goal of all coaches should be to have a meaningful learning experience for as many students as possible. They should, at all times, conduct themselves as teachers in an important and unique area of the total educational program of the school. The athletic program is conducted for the benefit of our students and the total program must be the concern of each coach.

Good sportsmanship must be taught and practiced by the coach continuously, for this concept is far more valuable than winning an event. A win-at-all costs attitude is inappropriate. Although every team should be coached to win, as that is the primary objective of competition, winning should always be accomplished through spirited, yet fair play. In addition, coaches must insist on the highest possible standards; scholarship, eligibility, and sportsmanship. The coach must enforce the rules in both the letter and spirit of the law. They must develop relationships with the athletes which are fair and unprejudiced, but always caring.

Coaches are reminded that they have the responsibility of keeping their squads acquainted with the eligibility rules of the school, conference, and MSHSAA. It is strongly recommended that coaches check the academic progress of their squads.

Attendance at regularly scheduled school meetings is required. Practice schedules should be adjusted to meet this need.

## **PARENT MEETING**

Before each season at least one parent and each participant will be required to attend the Parent Meeting. Also, parents will be asked to work at the games and tournaments Calvary hosts during that season. If you are unable to work at your scheduled time you will be asked to find a substitute.

## **PHYSICAL EXAMINATIONS**

All students who participate in the interscholastic program at Calvary Lutheran High School must have a physical examination by a physician of their choice. The physician, the parent(s) or guardian(s),

and the athlete must sign the form in the appropriate spaces. In addition, proof of insurance must be recorded on the form. All students/athletes must have a completed form on file in the school office before they may practice or play. Coaches are to see that athletes do not practice or play until this form is on file.

## **INSURANCE**

Calvary Lutheran High School carries supplemental liability insurance covering any accidents that may happen at school. Parents are to submit all claims to their own insurance carriers first. Claims will only be submitted to Calvary Lutheran High School's insurance company after they are acted upon by the parent's insurance provider.

## **DEFINITION of ELIGIBILITY**

Eligibility to participate in athletic contests between schools is a privilege which is attained by meeting the standards cooperatively set for the purpose by vote of the schools which are members of the MSHSAA and standards adopted by the Board of Directors of Calvary Lutheran High School.

## **ELIGIBILITY STANDARDS**

- Athletes must attend the mandated number of practices before they can participate in a game. Students must be credible high school citizens.
- All students must meet the following academic criteria at the end of each grading period [1st Quarter, 1st Semester, 3rd Quarter, 2nd Semester] (p. 6 CLHS student handbook):
  - Earned at least 2.0 GPA
  - Earned at least 3.5 credits and passed every course
  - Have removed all Incompletes
  - Be on a program leading to graduation in 4 years of high school
- \* Students meeting MSHSAA, but not Calvary, requirements may request a one-time appeal through the principal
- \*\* Exceptions may be granted for non-MSHSAA activities
- Students cannot compete in any sport for more than four seasons or in any but the first eight semesters they are enrolled in high school, including special education.
- Students must enter school within the first eleven days of the semester to be eligible to play that semester.
- Without prior administrative approval, no Calvary athlete may participate in any non-school events of the same sport during their active Calvary season.
- High school students who reach their 19th birthday prior to September 1 will be ineligible for further competition the succeeding year.

- During the sports season a student represents their school by competing in an interscholastic athletic contest. They cannot compete as a member of a non-school team or as an individual participant in organized non-school competition in that same sport.
- Students may participate on a school team and a non-school team in different sports during the same season; however, you may not practice for the non-school team or participate in organized non-school athletic competition on the same day that you practice with or participate for the school team without approval of the school administrator.
- If a student transfers to Calvary, they are ineligible for 365 days in the MSHSAA sports they participated in at their previous school unless there is a corresponding change of residence of the parents or if under certain conditions outlined by the MSHSAA.
- Students may have sport-specific contact with their coaches up to 20 days during the summer. This includes specialized camps, open gyms, leagues, shootouts, or tournaments. Students may attend a non-school sponsored summer specialized sports camp for as long as they wish where they do not receive instruction or coaching from a member of your school's coaching staff.

This is only a partial listing of the standards, but these are the ones that generate the most questions. If you have any other questions or concerns for a student, check with the athletic director or the principal. If they are uncertain, they can call the MSHSAA and receive a clarification.

## **ELIGIBILITY FORMS**

Coaches are responsible for ensuring that eligibility rosters are completed on or before the end of the second week of the season. The athletic director and the front office will partner with coaches to ensure this is done correctly, but it is the responsibility of each head coach to make sure the roster for their team is accurate.

## **EXTRA-CURRICULAR PARTICIPATION:**

### **Absence:**

A student is "absent" if the student is not physically present in a class or present at the school-sponsored activity established by the school. A student's parent/guardian should report each absence to the school office no later than 8:00 a.m. on the day of the absence. A student who misses more than 15 minutes of a class will be counted absent for that class. Students may not attend school if they have a fever of 100.4 or higher. Students may not return to school until they have been fever-free for 24 hours without the use of medications that lower the fever below 100.4. Students sent home from school due to a fever may not return to school at all the next school day.

Students physically absent for any part of the class day, except for approved appointments, may not attend school events or participate in the practice, game, or performance for any school-sponsored activity that day. Even with approved appointments, students must attend at least one half of the

school day to participate. Examples of approved appointments include vision, dental, or other medical appointments, funerals, or college visits, etc. [Page 4 – Student Handbook] Students who are excused from PE or have a medical excuse may not practice or play in a game on that day.

Tardiness to class - Punctuality is expected at all times and for all situations. Every student is expected to be ready for class, in the manner prescribed by the teacher, when the teacher is ready to begin. A student may be assigned a tardy and sent to his/her locker to retrieve necessary class materials. A student speaking to a teacher between classes must have written permission to excuse him/her from being late to the next class. Detentions will be assigned for each tardy after the fourth cumulative tardy in any quarter. Detention time increases as the detentions accumulate: 5<sup>th</sup> = 30 mins, 6<sup>th</sup> = 60 mins, 7<sup>th</sup> = 90 mins, etc. Students who are more than 15 minutes tardy to class will also be marked absent. Tardiness of more than 15 minutes will result in students missing a portion of any performance or competition on that day (i.e. equivalent to 1 volleyball set or 1 quarter of a basketball game). Tardiness of more than 45 minutes will result in students being unable to participate in extra-curricular practice, performance, or competition at all that day.

## **SAFETY of STUDENT-ATHLETES**

The safety and well-being of our student-athletes is of utmost importance. When a student is injured, the parent will be notified as soon as possible. Communication between the coach and parents is also critical in deciding what is best for the student-athlete in moving forward for his or her continued participation. If the emergency is serious, the emergency rescue squad will be contacted by the coach.

## **PRACTICE SCHEDULE**

All practices will be supervised by the coaches. Practice times will be set up by the athletic director and coaches. Times and locations of practice will be given to the students and parents in advance of the sports season via the Google calendar. Practices will be completed by 6:00PM on Wednesdays and there will be no practices on Sundays. There may be practices on Saturdays and over holiday breaks (except for Christmas day or Easter break – Maundy Thursday through Easter Sunday). These will be on the Google calendar.

## **LINE OF COMMUNICATION**

The line of communication for students who may have a problem is first with the coach, then with the athletic director, then with the Principal, and then with the Administrator. Players who are to be dismissed from a team for breaking team rules should be told in person after the Athletic Director and Principal have been informed. If an attitude or behavior problem arises, talk with the athlete and call the parent. Inform them of the problem, with the understanding that the athlete will be dropped from the team if improvement is not made within a reasonable amount of time.



## LETTERING POLICY

Students at Calvary Lutheran High School are encouraged to use their God-given gifts and talents to God's glory and to their fullest potential. Through their lives and actions, Calvary students are representing their school as well as their Savior. As a representative of Calvary, recognition of achievements is dependent upon their overall good standing in areas such as academics, discipline, and attitude throughout the prescribed amount of time.

Academics: Student must maintain academic eligibility.

Discipline: Student will have no Severe Disciplinary Infractions.

Attitude: Student will exhibit a positive, cooperative, and enthusiastic character and will daily demonstrate Christian respect and honor to all persons they encounter.

The following requirements must be met in order to be eligible for an athletic letter:

- Membership at the highest level available on an athletic team at Calvary Lutheran High School for which Calvary has outlined a lettering policy.
- If a student is a dual participant in two activities, he/she is eligible to letter in both activities, if all requirements of both activities are met, including attendance at all practices and competitions for both activities."
- No unexcused absences. Students are expected to attend all practices and games associated with that sport. Students who have legitimate reasons and clear it beforehand with their coach may be excused. Failure to do so will result in the absence being unexcused.
- Students will participate in the prescribed amount of playing time as outlined for the individual sport below. Students suffering injury during the season will be handled on a case-by-case basis.

Any of the following infractions will prohibit a student from receiving an athletic letter that season:

- Students who are withheld from a contest due to inappropriate behavior (academic, discipline, or attitude).
- Players who quit, are suspended, or are dismissed from the team.
- A single unexcused absence for either a practice or a game.

**Archery** - Participation in 5 state qualifying tournaments & a minimum score of 275 this season.

**Baseball** - Participation in at least  $\frac{1}{2}$  of the innings played in either the fall or spring season.

**Basketball** - Participation in at least  $\frac{1}{2}$  of the quarters of all games played in that season.

**Cheerleading** - Participation in  $\frac{9}{10}$  of all quarters cheered that season.

**Cross Country** - Participate in  $\frac{3}{4}$  of all meets, run in the district meet, and place in the top 75% of a meet in that season.

**Golf** - Contribute score to at least  $\frac{1}{2}$  of the matches that season.

**Soccer** - Participation in at least  $\frac{1}{2}$  of the total number of halves played in that season.

**Softball** - Students participating in the cooperative agreement for softball, who play on the varsity team, play at least  $\frac{1}{2}$  of the innings played in that season.

**Track** - Participation in at least  $\frac{3}{4}$  of all meets, compete at the district meet, and medal in at least one meet or score 10 team points.

**Volleyball** - Participate in  $\frac{1}{2}$  the total number of sets played in the season.

**Managers** - must attend at least  $\frac{3}{4}$  of the team's practices, attend all of the games, and perform specific duties as prescribed by the coach.

***\*\*Unique and special circumstances will be processed through the school's established appeals process***

## **Appeals Procedure:**

Any student and/or constituent of Calvary Lutheran High School may seek to appeal a decision. In order to gain resolution and to promote healing, appeals should be presented as quickly as possible. The constituent must submit a written request within one week of the decision, to the proper individual at the next level of Due Process Procedure. Each appealed situation may not be appealed to more than two levels above the initial decision maker.

## **EMERGENCY PROCEDURES for ACTIVITIES**

If a doctor is present, the doctor should attend to the victim and determine the procedure. When a doctor is not in attendance, the head coach should make the decision as to what procedure should be followed.

## **EMERGENCY PROCEDURE when HOSPITAL CARE is NEEDED**

Use an ambulance when the injury warrants (head injuries, back injuries, broken bones, possible injuries in the abdominal region).

If the need is truly an emergency call the rescue squad prior to calling the parent. If injury is serious enough that any movement of the patient might incur further complications, take necessary steps to make sure the athlete is not moved until the rescue squad arrives and takes over responsibility. In a compelling emergency, ALL RULES ARE OFF...THE PATIENT SHOULD BE TAKEN CARE OF FIRST.....

## **EXPECTATIONS of ATHLETES**

Being a part of an athletic team here at Calvary Lutheran High School is an honor and a privilege. To compete for your school and use and develop your God-given talents is a chance in a lifetime.

Thus, with the opportunity to use and develop your talents, we expect you to show your sportsmanship and cooperation on the field as well as off the field in the following areas:

- Classroom: Cooperation in doing homework and staying awake. Good behavior without disruption of class. Respect for your neighbor, teacher, and yourself in doing the best that you can do.
- Team: You are a part of a team and we expect you to show a good sportsmanship attitude, to be proud of yourself and positive with your teammates while supporting them.

**Commitment and Dedication:** It is assumed that the student athlete will make his/her best effort in attending practices and know that his/her total dedication to the team is mandatory. Before the student athlete has made a decision to join a team at Calvary Lutheran, he/she should understand

what is expected of him/her academically and to be able to balance his/her academics with the sports activities he/she is involved in.

## **MAINTENANCE AND CARE OF TEAM UNIFORMS AND EQUIPMENT**

Uniforms - It is assumed that the student athlete will clean and maintain the team uniform to ensure the long life of the uniform. Uniforms contain tags with washing instructions, but typically should be washed in cold water with like colors, using no bleach. Uniforms should **not** be dried in the dryer but rather hung up and dried. Tears or flaws in uniform construction should be brought to the attention of the athletic director as soon as they are noticed. It is the responsibility of the student athlete to turn in the team uniform to the coach or school **no later than five days after the last game of the season**. Uniforms should be worn during contests ONLY, and not used for spirit wear.

\*Students will pay *replacement cost* for lost or destroyed uniforms.

Equipment - It is assumed that the student athlete will take care of and help maintain school athletic equipment. Athletic equipment is provided to help maintain safety (helmets, pads, etc.) and to provide the necessary items for each sport (balls, bats, etc.). \*Students will pay *replacement cost* for equipment that is destroyed or damaged because of misuse.

Cell phone usage – The use of cell phones is prohibited during team practices and games unless given specific permission by one of the coaches. Players need to be focused on team activities during this time and not distracted. These are school-sponsored activities and, as such, fall under the guidelines of overall student conduct. Coaches may use discretion as the student/athlete may be warned and/or have the device confiscated for the duration of the practice or game. See page 10 of the student handbook under Electronic Equipment.

When these areas are taken care of with an honest effort, things run smoother and we will have a good sports year. Let's work together in being proud of our teams and our goal of playing for the Lord as He gives us all we need.

Health and Nutrition – *"Do you not know that your bodies are the temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought with a price. Therefore honor God with your bodies."* 1 Corinthians 6: 19-20

God commands us to take care of our bodies because we are His and this is an important aspect of our witness, regardless of whether or not we play sports. Therefore, as a student-athlete we should also strive for excellence in taking care of our bodies so that we might be the best prepared for competition. We also owe it to our teammates to be the best we can be through eating right (eating nutritious foods and avoiding high sugar, high fat foods) and drinking right (abstaining from alcohol and other drugs, high caffeine and sugar drinks, and staying well hydrated).

## **COOPERATIVE AGREEMENTS**

At this time we are not participating in any "co-op" relationships for any athletic teams. When considering a cooperative agreement with another school, Calvary will determine if it would benefit our students to pursue an agreement with schools that have similar goals and values as our own. It will be determined in advance who the "host" school will be for each sport. The host school will play the home games and have the practices at their school facilities for that designated sport. Parents and students must take in consideration the travel involved with this before deciding to join these teams.

## **CLHS BOOSTER ASSOCIATION**

Anyone is eligible to be a member of the CLHS Booster Association. The goal of the Booster Club is to help enhance and support the athletic department at Calvary Lutheran High School. The Booster Club will manage concession stands, work schedules, collect gate fees and help as timekeepers or scorekeepers for home games and tournaments. Funds raised from athletic events and fundraisers will go toward athletic supplies, concession supplies, uniforms and a wide variety of other student benefits.

## **CAMP ELIGIBILITY STANDARDS**

- A student may participate in a specialized camp, clinic, or other similar program involving coaching and instruction in a sport provided the program and the student's participation meet the following MSHSAA requirements:
- Students may attend a non-school sponsored specialized sport camp during the school year provided it does not result in any loss of school time; attendance does not occur within 14 days of the start of the school sports season for the sport concerned; and no member of the coaching staff of the school you attend or will attend the following year is involved in any way.

No school owned uniforms shall be used. Member schools may not rent or lease their uniforms or player equipment for use in non-school sponsored camps or clinics.

- The camp fee shall be provided by the student or the student's parents.
- A student shall not receive pay or expenses for working in a specialized summer camp or serving as an instructor or counselor at a camp involving a sport in which he/she participates.
- Camp programs shall not include any competition with teams of another camp.

## **COLLEGE TRYOUTS**

No athlete shall participate in any type of try-out or audition for a college team prior to completion of their high school eligibility in the sport concerned.

## CODE FOR INTERSCHOLASTIC ATHLETICS/MSHSAA STANDARDS

Interscholastic athletics are offered at Calvary Lutheran High School as an integral part of the curriculum. Interscholastic athletics are governed by the MSHSAA and regulations of Calvary Lutheran High. The official Handbook of the Calvary Lutheran High School Athletic Association states that, "to be eligible to participate in school athletics is a privilege - not an inherent right. This particular privilege is granted if you meet the eligibility standards as set forth by the MSHSAA. According to the MSHSAA eligibility standards, athletes must be good citizens in their school and community. More specifically, any student who represents their school in interscholastic athletics must be a creditable citizen and be judged so by the proper school authority. A student whose character or conduct is such to reflect discredit upon themselves or their school is not considered a credible citizen. Their conduct shall be satisfactory in accord with the standards of good discipline."

The privilege of being on a team or in an organization carries with it the responsibility of good citizenship, abiding by rules and regulations, and meeting the following responsibilities:

- You must have all non-school competitions approved by your coach or the athletic director.
- You must abide by the regulations of Calvary Lutheran High School as written in the student handbook. Coaches may have stricter guidelines and will share them with the athletes before the season.
- A student suspended from a sport is not eligible to participate in any other athletic program until that sport season is completed. Example: A student suspended from baseball could not join the track team that same season.
- Students should maintain good citizenship in school, out of school, and on the team. Any student involved in inappropriate behavior in the community, will be required to attend a hearing at which time the question of eligibility will be determined. Any student arrested by law enforcement is subject to losing eligibility for all high school athletics.
- Any in-school or out-of-school suspension will prevent students from participating in practices or games during the suspension. If excessive, the student will be removed from the team.
- Detentions, practice tardiness, and practice absences will be handled by the coach through discussion and the proper penalty. If this becomes excessive, the athlete could be removed from the team.
- You cannot quit a team to participate on another team without permission of both team coaches.
- Students will follow team guidelines as set forth by the coaches in writing and discussed before the season begins.
- Any incidents that occur that are not covered by these guidelines will be reviewed on an individual basis by the school administration and the head coach.
- Any athlete who is dismissed from a game for unsportsmanlike conduct shall be dealt with seriously and on an individual basis. This would be a minimum of a one game suspension as mandated by the MSHSAA.

## **TRANSPORTATION TO AWAY GAMES**

Calvary Lutheran now has two school vehicles that can be utilized for teams to travel to away games. Because we have many teams and activities and vehicles are limited, they will not be used for every away game for each team. There will be some nights that we have more than one team playing away. The coach will determine what away games they would like to use a bus for with the approval of school administration. This will then be communicated to the parents and players. On the nights that a team uses a bus the players will be required to ride the bus to the game. If the parent does not want the student-athlete to ride the bus home after the game then the parent will have to sign a form that the coach has after the game, or make a phone call to the Athletic Director or the coach before the game to let them know. If a bus is not taken it is Calvary Lutheran High School's expectation that students ride with their parent(s), or an adult designated by their parents, to away games. If there are unforeseen circumstances that require a student-athlete to drive themselves to the game this needs to be communicated to the coach and no other students (boyfriend, girlfriend, etc.) can ride with him/her. Another player may ride only if approved by a parent of both student-athletes and the coach. The reasons for this are as follows:

- Safety of the student/athlete
- Better opportunity to prepare for and focus on the game
- Liability issues

**Calvary Lutheran High School**  
**"Home of the Lions"**  
**ATHLETE/PARENT CODE OF CONDUCT AGREEMENT FORM**  
**2023-24 School Year**

As a Calvary Lutheran student athlete, you will be responsible for conducting yourself as a Christian leader and an example of Christian sportsmanship. If you choose to accept this responsibility, and wish to be a participating member of the Calvary Lutheran team, you and your guardian must sign this agreement before the first event, and in doing so, you agree to abide by the consequences set forth below.

Every member of the Calvary Lutheran team has a duty to represent himself/herself, the team, and the school in the best manner possible. This applies to your behavior both in school and out of school. You are expected to make good choices and avoid situations where you might be involved in or associated with wrongdoing. You are responsible for the choices you make.

The following violations may result in a loss of participation or possible dismissal from the team.

1. Using illegal drugs, alcohol, tobacco products or vaping devices at any time.
2. Allowing yourself to be in a situation, in school or away from school, where you are associated with or arrested for an illegal activity.
3. Missing practices-without prior written (email, text, written note) communication with the Head Coach.
4. Poor sportsmanship.
5. Harassment or bullying of another Calvary student, team member or opponent-in any form. Electronic and social media communication should be positive and not negatively reflect on other teammates, the program, or Calvary.

As a Calvary athlete, I have received the Calvary Lutheran Athletic Rules/Procedures and read the Athlete/Parent Code of Conduct Agreement. I understand it is my responsibility to abide by these policies. I will act as a responsible team member and citizen of Calvary Lutheran High School when representing our school.

As parents, we support the policies and expectations outlined in the Calvary Lutheran Athletic Rules/Procedures handbook. We have also received and read the Athlete/Parent Code of Conduct Agreement and understand it is our responsibility to abide by these policies while being ambassadors for Christ and representatives of the Calvary Lutheran High School family.

By signing below, you affirm that you have read this fully and understand the rules and philosophies for participation set forth by this agreement. You are also stating that you understand that violations of this agreement could result in loss of participation in a sport/activity and possible dismissal from the team.

\_\_\_\_\_

**Print Student Name**

\_\_\_\_\_

Parent/Guardian Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Parent/Guardian Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Student Signature

\_\_\_\_\_

Date